

SOUTHERN CROSS COUNTRY

2014



SCHOOL FACTS & INFORMATION

Southern Regional School District

90 Cedar Bridge Road
Manahawkin, NJ 08050
609-597-9481
www.srsd.net

| | |
|-------------------------|--------------------------|
| Superintendent | Mr. Craig Henry |
| Assisant Superintendent | Mr. Daniel MacPhee |
| Principal | Mr. Eric Wilhelm |
| Assistant Principal | Mr. Malcom Smith |
| Assistant Principal | Mr. Joseph Medica |
| Assistant Principal | Mr. Joseph DiPietro |
| Assistant Principal | Dr. Richard Falleta |
| Athletic Director | Mr. Charles Donohue, Jr. |
| Athletic Trainer | Mr. Joseph Caucino |
| School Mascot/NickName | The "Rams" / Rams |
| School Colors | Black & Gold |

ROSTER

HEAD COACH: SCOTT BAKER

SENIORS

BAUTA, JARED
GETHARD, WILLIAM
HOWLEY, SEAN
IACOVELLI, MAX
KRAUSE, EVAN
RUTAN, KOLIN
SEDDON, WILL
WARD, JAMES

JUNIORS

ATTARDI, JEFFREY
HOLDEN, CONNOR
KEIZER, JOHN
LOVENBERG, WILLIAM
MEYERS, TRAVIS
NODINE, CRAIG
OSBORN, MICHAEL
PETIT-FRERE, SCOTTY
PISCOPO, ZACHARY

SOPHOMORES

FRITZ, SAMUEL
GUTIERREZ, KEVIN
KUBAREWICZ, WILLIAM
LEEK, NICHOLAS
MALONEY, WILLIAM
MARZANO, NEAL
MCDONNELL, MATTHEW
RAINA, ZACHARY
REA, KENNETH
SKODI, NATHAN
WOHL, ANDREW
YATES, ETHAN
YATES, LUKE

FRESHMAN

ADANATZIAN, EVAN
BATES, DOMININC
BEECROFT, COLIN
CONNER, DEVIN
DIEMER, SAMUEL
FRANKS, THOMAS
GUGLIEMINI, AUGUST
KEYES, PAUL
MCBRIDE, CONNOR
MCNAUGHTON, NICOLAS
VAN DECKER, MATTHEW

SEASON ACCOLADES

DIVISIONAL MEET

- VARSITY
 - A-SOUTH CHAMPIONS
 - 5TH STRAIGHT TITLE
- JUNIOR VARSITY:
 - A-SOUTH CHAMPIONS
 - SHUT OUT MANY OTHER JV TEAMS

OCEAN COUNTY MEET

- VARSITY: 2ND PLACE
- JUNIOR VARSITY: 1ST PLACE
 - 3RD STRAIGHT YEAR

SHORE CONFERENCE MEET

- VARSITY: 6TH PLACE
 - 2ND OCEAN COUNTY SCHOOL
- JUNIOR VARSITY: 3RD PLACE

STATE SECTIONAL MEET

- VARSITY: 5TH PLACE
 - 7TH STRAIGHT YEAR THAT WE QUALIFIED FOR GROUPS

STATE GROUP MEET

VARSITY: 17TH OVERALL

STATE MEET OF CHAMPIONS

VARSITY: FAILED TO QUALIFY

AWARDS



LETTER AWARDS

4th Year Varsity

Howley, Sean
Ward, James

3rd Year Varsity

Nodine, Craig
Krause, Evan

2nd Year Varsity

Kubarewicz, William
Skodi, Nathan
Yates, Ethan
Attardi, Jeffrey
Lovenberg, William
Petit-Frere, Scotty
Iacovelli, Max

1st Year Varsity

Adanatzian, Evan
Conner, Devin
Keyes, Paul
McBride, Connor
Marzano, Neal

Piscopo, Zachary
Bauta, Jared
Gethard, William
Rutan, Kolin
Seddon, Will

Honorary Varsity

Bates, Domininc

Junior Varsity

Beecroft, Colin
Diemer, Samuel
Franks, Thomas
Gugliemini, August
McNaughton, Nicolas
Van Decker, Matthew
Fritz, Samuel

Gutierrez, Kevin
Leek, Nicholas
Maloney, William
McDonnell, Matthew
Raina, Zachary
Rea, Kenneth
Wohl, Andrew

Yates, Luke
Holden, Connor
Keizer, John
Meyers, Travis
Osborn, Michael

SPECIAL AWARDS

Rising Star Award

Presented to the athlete, who although has already had an amazing start to his career demonstrating unbelievable talent, it is our belief, that his potential and capabilities will lead him to even greater success than he has shown thus far.

Paul Keyes

True Grit Award

Presented to the athlete with indomitable spirit, who has shown resourceful courage and daring when faced with difficulties throughout the season, and as a result his marks speak for themselves.

William Kubarewicz

Perseverance Award

Presented to the athlete with persistent determination for success. From the first day of practice until his last race, in spite of the distractions, difficulties' and sometimes discouragements that hinder one's pursuit of a goal, his perseverance throughout is truly an inspiration.

Ethan Yates

Lion heart Award

Presented to the athlete whose bravery and determination on the course has lead the team to victory countless times, far more than what would have been achieved by sheer guts alone.

Zachary Piscopo

Golden Apple Award

Presented to the athlete whose respected achievements and determination for excellence do not go unnoticed. Sometimes overshadowed by other deserving athletes, his constant contributions to the program have and will be forever notable.

Jeffery Attardi

Coaches Award

Presented to the athlete whose contribution to our success this season deserves the utmost recognition. For without him, none of our accolades would have been possible.

Sean Howley

ALL-TIME LISTS



Top 50 5k Times

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|------------|----------------------------|-----------------|--------------|-------------------|--------------|--|---|-----------------|
| 1 | Dragonetti, Eric | 2012 | 11 | 2010.10.30 | 15:28 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T2 | Valeriani, Matthew | 2010 | 12 | 2009.10.06 | 15:32 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| T2 | Skeie, Brandon | 2011 | 12 | 2010.10.30 | 15:32 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 4 | Burns, Kelly | 1989 | 12 | 1988.09.26 | 15:34 | Dual Meet vs. Lacey Township | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 5 | Roberts, Rich | 1990 | 12 | 1989.10.18 | 15:42 | Dual Meet vs. Admiral Farragut Academy | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T6 | Zarrillo, Vinnie | 2001 | 12 | 2000.10.20 | 15:47 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T6 | Iacovelli, Jarred | 2011 | 12 | 2010.10.30 | 15:47 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 8 | Wareham, Rob | 2001 | 10 | 1998.10.23 | 15:50 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | Nocco, Nicholas | 2014 | 12 | 2013.10.24 | 15:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | Simpson, Joseph | 2005 | 12 | 2004.11.06 | 15:57 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | Decker, Brian | 1991 | 11 | 1989.10.18 | 16:00 | Dual Meet vs. Admiral Farragut Academy | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 12 | Clark, Adam | 2001 | 10 | 1998.10.23 | 16:01 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 13 | Howley, Sean | 2015 | 11 | 2013.10.24 | 16:02 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 14 | Stanziano, Brian | 2000 | 11 | 1998.10.23 | 16:03 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 15 | Cummings, Jim | 1990 | 12 | 1989.10.16 | 16:05 | Dual Meet vs. Manchester Township | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 16 | Sargent, Thomas | 1998 | 12 | 1997.10.18 | 16:10 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 17 | Raynor, Cody | 2014 | 12 | 2013.10.24 | 16:11 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 18 | Brearely, Justin | 2009 | 12 | 2008.10.30 | 16:12 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 19 | Davies, CJ | 2004 | 12 | 2003.10.28 | 16:15 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T20 | Di Filippo, Joseph | 2014 | 12 | 2013.10.24 | 16:16 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| T20 | Wasilewski Jr., William | 2004 | 12 | 2003.10.28 | 16:16 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| 22 | Evans, Mike | 2014 | 9 | 2010.10.30 | 16:18 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 23 | Brearely, Colin | 2007 | 11 | 2005.11.05 | 16:20 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 24 | Smith, Tommy | 1993 | 10 | 1990.10.31 | 16:21 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 25 | Marino, David | 2014 | 11 | 2012.10.25 | 16:23 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 26 | Mardirosian, Nicholas | 2011 | 12 | 2010.10.30 | 16:24 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T27 | Armstrong, Jake | 2008 | 12 | 2007.10.20 | 16:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T27 | Keyes, Paul | 2018 | 9 | 2014.10.30 | 16:26 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 29 | Mershon, Stephen | 2013 | 12 | 2012.10.25 | 16:27 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 30 | Grobosky, Josh | 2005 | 11 | 2003.10.28 | 16:29 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| 31 | Stanziano, Joseph | 2002 | 12 | 2001.10.15 | 16:31 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 32 | Elwood Jr., Brian Paul | 2006 | 10 | 2003.10.28 | 16:33 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T33 | Martin, Rich | 1996 | 12 | 1995.10.28 | 16:34 | NJSIAA Group 4 State Sectional Championships | Kingsway Regional High School, Swedesboro, NJ | 5K |
| T33 | Tomczuk, Joseph | 2009 | 12 | 2008.09.16 | 16:34 | Double-Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| T33 | O'Hearn, James | 2014 | 12 | 2013.10.24 | 16:34 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 36 | Maher, Ryan | 1997 | 12 | 1996.10.12 | 16:39 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 37 | Sherman, Victor | 2008 | 11 | 2006.10.21 | 16:40 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 38 | Kubarewicz, William | 2017 | 10 | 2014.09.19 | 16:41 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| T39 | Abrams, Elliott | 1992 | 11 | 1990.10.31 | 16:43 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T39 | Romanowski, Rob | 2004 | 10 | 2001.10.15 | 16:43 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 41 | Petit-Frere, Scotty | 2016 | 11 | 2014.10.09 | 16:44 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 42 | Maggion, Jack | 1991 | 10 | 1988.11.07 | 16:46 | Dual Meet vs. Monsignor Donovan | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 43 | Collett, Tyler | 2000 | 11 | 1998.10.23 | 16:47 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T44 | Yates, Ethan | 2017 | 10 | 2014.09.19 | 16:49 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| T44 | Ruggiano, Frank | 2005 | 11 | 2003.10.28 | 16:49 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T44 | Lovenberg, William | 2016 | 11 | 2014.10.23 | 16:49 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 47 | Gifford, Troy | 2012 | 11 | 2010.09.21 | 16:50 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 48 | Gray, John | 2007 | 11 | 2005.11.05 | 16:51 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 49 | Adanatazin, Evan | 2018 | 9 | 2014.10.30 | 16:54 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| T50 | Kyriakakis, Nick | 1992 | 11 | 1990.10.31 | 16:55 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T50 | Praschil, Justin Alan | 1999 | 12 | 1998.10.23 | 16:55 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |

CLASS LISTS

Seniors

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-----|-------------------------|-----------------|--------------|-------------|-------------|--|---|-----------------|
| 1 | Valeriani, Matthew | 2010 | 12 | 2009.10.06 | 15:32 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 2 | Skeie, Brandon | 2011 | 12 | 2010.10.30 | 15:32 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 3 | Burns, Kelly | 1989 | 12 | 1988.09.26 | 15:34 | Dual Meet vs. Lacey Township | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 4 | Roberts, Rich | 1990 | 12 | 1989.10.18 | 15:42 | Dual Meet vs. Admiral Farragut Academy | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T5 | Zarrillo, Vinnie | 2001 | 12 | 2000.10.20 | 15:47 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T5 | Iacovelli, Jarred | 2011 | 12 | 2010.10.30 | 15:47 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 7 | Nocco, Nicholas | 2014 | 12 | 2013.10.24 | 15:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 8 | Simpson, Joseph | 2005 | 12 | 2004.11.06 | 15:57 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | Dragonetti, Eric | 2012 | 12 | 2011.10.20 | 16:02 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | Cummings, Jim | 1990 | 12 | 1989.10.16 | 16:05 | Dual Meet vs. Manchester Township | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 11 | Sargent, Thomas | 1998 | 12 | 1997.10.18 | 16:10 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 12 | Raynor, Cody | 2014 | 12 | 2013.10.24 | 16:11 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| T13 | Brearley, Justin | 2009 | 12 | 2008.10.30 | 16:12 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T13 | Clark, Adam | 2001 | 12 | 2000.10.28 | 16:12 | NJSIAA Group 4 State Sectional Championships | Williamstown High School, Williamstown, NJ | 5K |
| 15 | Davies, CJ | 2004 | 12 | 2003.10.28 | 16:15 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T16 | Wasilewski Jr., William | 2004 | 12 | 2003.10.28 | 16:16 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T16 | Di Filippo, Joseph | 2014 | 12 | 2013.10.24 | 16:16 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 18 | Howley, Sean | 2015 | 12 | 2014.10.30 | 16:17 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 19 | Evans, Michael | 2014 | 12 | 2013.10.24 | 16:19 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 20 | Decker, Brian | 1991 | 12 | 1990.10.31 | 16:20 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 21 | Wareham, Rob | 2001 | 12 | 2000.10.20 | 16:22 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T22 | Mardirosian, Nicholas | 2011 | 12 | 2010.10.30 | 16:24 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T22 | Marino, David | 2014 | 12 | 2013.10.24 | 16:24 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 24 | Armstrong, Jake | 2008 | 12 | 2007.10.20 | 16:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 25 | Mershon, Stephen | 2013 | 12 | 2012.10.25 | 16:27 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |

CLASS LISTS

Juniors

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-----------|-----------------------------|-----------------|--------------|-------------------|--------------|--|---|-----------------|
| 1 | Dragonetti, Eric | 2012 | 11 | 2010.10.30 | 15:28 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T2 | Roberts, Rich | 1990 | 11 | 1988.11.07 | 15:51 | Dual Meet vs. Monsignor Donovan | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T2 | Valeriani, Matthew | 2010 | 11 | 2008.10.30 | 15:51 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 4 | Decker, Brian | 1991 | 11 | 1989.10.18 | 16:00 | Dual Meet vs. Admiral Farragut Academy | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T5 | Howley, Sean | 2015 | 11 | 2013.10.24 | 16:02 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| T5 | Simpson, Joseph | 2005 | 11 | 2003.10.24 | 16:02 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 7 | Stanziano, Brian | 2000 | 11 | 1998.10.23 | 16:03 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 8 | Zarrillo, Vinnie | 2001 | 11 | 1999.11.06 | 16:05 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | Skeie, Brandon | 2011 | 11 | 2009.10.06 | 16:06 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | Wareham, Rob | 2001 | 11 | 1999.11.06 | 16:08 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | Cummings, Jim | 1990 | 11 | 1988.10.14 | 16:11 | Double-Dual Meet vs. Admiral Farragut & Pinelands Regional | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 12 | Brearley, Colin | 2007 | 11 | 2005.11.05 | 16:20 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 13 | Davies, CJ | 2004 | 11 | 2002.01.01 | 16:21 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| T14 | Raynor, Cody | 2014 | 11 | 2012.10.11 | 16:22 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| T14 | Nocco, Nicholas | 2014 | 11 | 2012.10.25 | 16:22 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 16 | Marino, David | 2014 | 11 | 2012.10.25 | 16:23 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| T17 | Grobosky, Josh | 2005 | 11 | 2003.10.28 | 16:29 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| T17 | Di Filippo, Joseph | 2014 | 11 | 2012.10.25 | 16:29 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 19 | Iacovelli, Jarred | 2011 | 11 | 2009.10.06 | 16:30 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 20 | Clark, Adam | 2001 | 11 | 1999.11.06 | 16:35 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 21 | Sherman, Victor | 2008 | 11 | 2006.10.21 | 16:40 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 22 | Abrams, Elliott | 1992 | 11 | 1990.10.31 | 16:43 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 23 | Petit-Freere, Scotty | 2016 | 11 | 2014.10.09 | 16:44 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 24 | Evans, Michael | 2014 | 11 | 2012.10.25 | 16:45 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 25 | Collett, Tyler | 2000 | 11 | 1998.10.23 | 16:47 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |

Sophomore

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|------------|----------------------------|-----------------|--------------|-------------------|--------------|--|---|-----------------|
| 1 | Wareham, Rob | 2001 | 10 | 1998.10.23 | 15:50 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 2 | Dragonetti, Eric | 2012 | 10 | 2009.10.22 | 15:51 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 3 | Clark, Adam | 2001 | 10 | 1998.10.23 | 16:01 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T4 | Smith, Tommy | 1993 | 10 | 1990.10.31 | 16:21 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T4 | Skeie, Brandon | 2011 | 10 | 2008.10.30 | 16:21 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 6 | Howley, Sean | 2015 | 10 | 2012.10.25 | 16:25 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 7 | Marino, David | 2014 | 10 | 2011.10.04 | 16:31 | Double-Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 8 | Elwood Jr., Brian Paul | 2006 | 10 | 2003.10.28 | 16:33 | Dual Meet vs. Toms River South | Ocean County College, Toms River, NJ | 5K |
| 9 | Zarrillo, Vinnie | 2001 | 10 | 1998.10.23 | 16:37 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T10 | Kubarewicz, William | 2017 | 10 | 2014.09.19 | 16:41 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| T10 | Stanziano, Brian | 2000 | 10 | 1997.11.08 | 16:41 | NJSIAA Group 4 State Sectional Championships | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 12 | Romanowski, Rob | 2004 | 10 | 2001.10.15 | 16:43 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 13 | Maggion, Jack | 1991 | 10 | 1988.11.07 | 16:46 | Dual Meet vs. Monsignor Donovan | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 14 | Yates, Ethan | 2017 | 10 | 2014.09.19 | 16:49 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 15 | Iacovelli, Jarred | 2011 | 10 | 2008.10.30 | 16:52 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 16 | Tomczuk, Joseph | 2009 | 10 | 2006.10.21 | 16:58 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T17 | Burns, Kelly | 1989 | 10 | 1986.09.13 | 16:59 | Ocean County Championships | Ocean County Park, Lakewood, NJ (New Course) | 5K |
| T17 | Valeriani, Matthew | 2010 | 10 | 2007.10.20 | 16:59 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 19 | Decker, Brian | 1991 | 10 | 1988.10.14 | 17:00 | Double-Dual Meet vs. Admiral Farragut & Pinelands Regional | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 20 | Simpson, Joseph | 2005 | 10 | 2002.10.08 | 17:01 | Dual Meet vs. Toms River North | Toms River North High School, Toms River, NJ | 5K |
| 21 | Gray, John | 2007 | 10 | 2004.10.05 | 17:02 | Dual Meet vs. Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 22 | Raynor, Cody | 2014 | 10 | 2011.10.20 | 17:07 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 23 | Gifford, Troy | 2012 | 10 | 2009.10.22 | 17:09 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 24 | Praschil, Justin Alan | 1999 | 10 | 1996.10.12 | 17:14 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 25 | Minotti, Nicholas | 2007 | 10 | 2004.10.05 | 17:16 | Dual Meet vs. Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |

CLASS LISTS

Freshman 5k

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|------------|-------------------------|-----------------|--------------|-------------------|--------------|---|---|-----------------|
| 1 | Evans, Michael | 2014 | 9 | 2010.10.30 | 16:18 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| T2 | Wareham, Rob | 2001 | 9 | 1997.10.18 | 16:25 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| T2 | Dragonetti, Eric | 2012 | 9 | 2008.10.30 | 16:25 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 4 | Keyes, Paul | 2018 | 9 | 2014.10.30 | 16:26 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 5 | Stanziano, Brian | 2000 | 9 | 1996.10.12 | 16:32 | South Jersey Open Invitational | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 6 | Howley, Sean | 2015 | 9 | 2011.10.04 | 16:41 | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 7 | Adanatzain, Evan | 2018 | 9 | 2014.10.30 | 16:54 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 8 | Conlon, Mike | 1993 | 9 | 1989.10.20 | 17:03 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | Romanowski, Rob | 2004 | 9 | 2000.09.26 | 17:14 | Dual Meet vs. Toms River North | Toms River North High School, Toms River, NJ | 5K |
| 10 | Elwood Jr., Brian Paul | 2006 | 9 | 2002.10.08 | 17:15 | Dual Meet vs. Toms River North | Toms River North High School, Toms River, NJ | 5K |
| T11 | McBride, Connor | 2018 | 9 | 2014.10.30 | 17:18 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| T11 | Simpson, Joseph | 2005 | 9 | 2001.10.19 | 17:18 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T11 | Marino, David | 2014 | 9 | 2010.10.30 | 17:18 | Shore Conference Frosh/JV Championships | Ocean County Park, Lakewood, NJ | 5K |
| 14 | Schmidt, Andrew | 2008 | 9 | 2004.10.26 | 17:26 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 15 | Zarrillo, Vinnie | 2001 | 9 | 1997.11.08 | 17:34 | NJSIAA Group 4 State Sectional Championships | Kingsway Regional High School, Swedesboro, NJ | 5K |
| 16 | Skeie, Brandon | 2011 | 9 | 2007.10.20 | 17:36 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 17 | Smith, Tommy | 1993 | 9 | 1989.10.10 | 17:39 | Dual Meet vs. Central Regional & Pinelands Regional | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| 18 | Ward, James | 2015 | 9 | 2011.11.01 | 17:45 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 19 | Limosnero, Alex | 2014 | 9 | 2010.09.14 | 17:48 | Dual Meet vs. Brick Memorial | Ocean County Park, Lakewood, NJ | 5K |
| T20 | Stackhouse, Scott | 1994 | 9 | 1990.10.31 | 17:49 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T20 | Falkowski, Brian | 1995 | 9 | 1991.09.01 | 17:49 | Dual Meet vs. Manchester Township | Southern Regional High School, Manahawkin, NJ (??-95) | 5K |
| T22 | Stanziano, Joseph | 2002 | 9 | 1998.10.06 | 17:53 | Dual Meet vs. Brick Memorial | Ocean County Park, Lakewood, NJ | 5K |
| T22 | Grobosky, Josh | 2005 | 9 | 2001.10.30 | 17:53 | Dual Meet vs. Toms River North | UNKNOWN | 5K |
| T24 | Skodi, Nathan | 2017 | 9 | 2013.10.17 | 18:00 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| T24 | Minotti, Nicholas | 2007 | 9 | 2003.10.14 | 18:00 | Dual Meet vs. Brick Memorial | UNKNOWN | 5K |

Freshman 2-Mile

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-----|------------------------|-----------------|--------------|-------------------|--------------|---|--|-----------------|
| 1 | Keyes, Paul | 2018 | 9 | 2014.09.19 | 10:04 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2 | Dragonetti, Eric | 2012 | 9 | 2008.09.20 | 10:39 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 3 | Skodi, Nathan | 2017 | 9 | 2013.10.24 | 10:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 4 | Howley, Sean | 2015 | 9 | 2011.09.10 | 10:51 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| T5 | Kubarewicz, William | 2017 | 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T5 | Yates, Ethan | 2017 | 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 7 | Stanziano, Joseph | 2002 | 9 | 1998.10.23 | 10:53 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 8 | O'Malley, Ryan | 2002 | 9 | 1998.10.23 | 10:59 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T9 | Wareham, Rob | 2001 | 9 | 1997.11.01 | 11:05 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T9 | Buttiglieri, Vincent | 1999 | 9 | 1995.10.20 | 11:05 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 11 | Evans, Michael | 2014 | 9 | 2010.09.11 | 11:05 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 12 | Falkowski, Brian | 1995 | 9 | 1991.10.25 | 11:06 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T13 | Grobosky, Josh | 2005 | 9 | 2001.11.03 | 11:07 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T13 | Elwood Jr., Brian Paul | 2006 | 9 | 2002.09.21 | 11:07 | Monmouth Battlefield Class Meet | Monmouth Battlefield State Park, Manalapan, NJ | 2 Miles |
| T13 | Simpson, Joseph | 2005 | 9 | 2001.09.22 | 11:07 | Monmouth Battlefield Class Meet | Monmouth Battlefield State Park, Manalapan, NJ | 2 Miles |
| 16 | Stanziano, Michael | 2005 | 9 | 2001.11.03 | 11:09 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T17 | Estelow, Doug | 1997 | 9 | 1993.10.16 | 11:12 | Monmouth Battlefield Class Meet | Monmouth Battlefield State Park, Manalapan, NJ | 2 Miles |
| T17 | Stanziano, Brian | 2000 | 9 | 1996.09.20 | 11:12 | Monmouth Battlefield Class Meet | Monmouth Battlefield State Park, Manalapan, NJ | 2 Miles |
| T19 | Schwerzel, Austin | 2012 | 9 | 2008.10.29 | 11:14 | Shore Conference Frosh/JV Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T19 | Limosnero, Alex | 2014 | 9 | 2010.09.11 | 11:14 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| T21 | Keizer, Timothy | 2014 | 9 | 2010.10.21 | 11:17 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T21 | Zarrillo, Vinnie | 2001 | 9 | 1997.10.24 | 11:20 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T23 | Mollema, Keith | 2002 | 9 | 1998.10.23 | 11:20 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T23 | Salva, Gary | 2009 | 9 | 2005.09.17 | 11:21 | Monmouth Battlefield Class Meet | Monmouth Battlefield State Park, Manalapan, NJ | 2 Miles |
| 25 | Lu, Jimmy | 2016 | 9 | 2012.10.25 | 11:21 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |

COURSE LISTS

Southern Home Varsity Course

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-----|------------------------|-----------------|--------------|-------------------|--------------|--|--|-----------------|
| 1 | Valeriani, Matthew | 2010 | 12 | 2009.10.06 | 15:32 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 2 | Dragonetti, Eric | 2012 | 11 | 2010.10.05 | 15:49 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 3 | Iacovelli, Jarred | 2011 | 12 | 2010.10.05 | 15:54 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 4 | Skeie, Brandon | 2011 | 12 | 2010.10.05 | 15:57 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 5 | Nocco, Nicholas | 2014 | 12 | 2013.10.08 | 16:12 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 6 | Howley, Sean | 2015 | 11 | 2013.10.08 | 16:19 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 7 | Davies, CJ | 2004 | 11 | 2002.01.01 | 16:21 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 8 | Raynor, Cody | 2014 | 11 | 2012.10.11 | 16:22 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | Simpson, Joseph | 2005 | 12 | 2004.10.26 | 16:28 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | Evans, Michael | 2014 | 12 | 2013.09.17 | 16:30 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | Stanziano, Joseph | 2002 | 12 | 2001.10.15 | 16:31 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 12 | Armstrong, Jake | 2008 | 12 | 2007.10.02 | 16:32 | Double-Dual Meet vs. Toms River East & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 13 | Mershon, Stephen | 2013 | 12 | 2012.10.11 | 16:36 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 14 | Mardirosian, Nicholas | 2011 | 12 | 2010.10.05 | 16:39 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 15 | Di Filippo, Joseph | 2014 | 11 | 2012.10.11 | 16:40 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 16 | Marino, David | 2014 | 12 | 2013.09.17 | 16:42 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 17 | Romanowski, Rob | 2004 | 10 | 2001.10.15 | 16:43 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| 18 | O'Hearn, James | 2014 | 12 | 2013.09.17 | 16:45 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 19 | Gifford, Troy | 2012 | 11 | 2010.09.21 | 16:50 | Dual Meet vs. Toms River East | Southern Regional High School, Manahawkin, NJ | 5K |
| T20 | Koppa, Daniel | 2011 | 12 | 2010.10.05 | 17:00 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| T20 | Tomczuk, Joseph | 2009 | 12 | 2008.09.30 | 17:00 | Double-Dual Meet vs. Jackson & Lacey | Southern Regional High School, Manahawkin, NJ | 5K |
| 22 | Sherman, Victor | 2008 | 12 | 2007.10.02 | 17:01 | Double-Dual Meet vs. Toms River East & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 23 | Gray, John | 2007 | 10 | 2004.10.05 | 17:02 | Dual Meet vs. Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| 24 | Cullen, Kyle | 2011 | 12 | 2010.10.05 | 17:05 | Double-Dual Meet vs. Jackson Memorial & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| T25 | Herega, Ryan | 2011 | 11 | 2009.10.06 | 17:07 | Double-Dual Meet vs. Brick Township & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |
| T25 | Brearily, Justin | 2009 | 11 | 2007.10.02 | 17:07 | Double-Dual Meet vs. Toms River East & Toms River North | Southern Regional High School, Manahawkin, NJ | 5K |

Bowdoin Park

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|----|----------------------------|-----------------|--------------|-------------------|--------------|---|--|-----------------|
| 1 | Valeriani, Matthew | 2010 | 12 | 2009.09.26 | 16:38 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 2 | Dragonetti, Eric | 2012 | 10 | 2009.09.26 | 16:58 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 3 | Skeie, Brandon | 2011 | 11 | 2009.09.26 | 17:15 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 4 | Mershon, Stephen | 2013 | 12 | 2012.09.22 | 17:19 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 5 | Raynor, Cody | 2014 | 12 | 2013.09.28 | 17:22 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 6 | Howley, Sean | 2015 | 11 | 2013.09.28 | 17:31 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| T7 | Nocco, Nicholas | 2014 | 11 | 2012.09.22 | 17:42 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| T7 | Di Filippo, Joseph | 2014 | 12 | 2013.09.28 | 17:42 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 9 | Iacovelli, Jarred | 2011 | 11 | 2009.09.26 | 17:43 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | Marino, David | 2014 | 12 | 2013.09.28 | 17:45 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | Gifford, Troy | 2012 | 10 | 2009.09.26 | 18:01 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 12 | Evans, Michael | 2014 | 12 | 2013.09.28 | 18:06 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 13 | O'Hearn, James | 2014 | 12 | 2013.09.28 | 18:10 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 14 | Mardirosian, Nicholas | 2011 | 11 | 2009.09.26 | 18:13 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 15 | Herega, Ryan | 2011 | 11 | 2009.09.26 | 18:16 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 16 | Lovenberg, William | 2016 | 11 | 2014.09.27 | 18:18 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 17 | Kubarewicz, William | 2017 | 10 | 2014.09.27 | 18:19 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 18 | Yates, Ethan | 2017 | 10 | 2014.09.27 | 18:24 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 19 | Garrison, Nicholas | 2015 | 10 | 2012.09.22 | 18:28 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 20 | Ward, James | 2015 | 12 | 2014.09.27 | 18:32 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 21 | Adanatzain, Evan | 2018 | 9 | 2014.09.27 | 18:33 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 22 | Keizer, Timothy | 2014 | 11 | 2012.09.22 | 18:41 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 23 | Koppa, Daniel | 2011 | 11 | 2009.09.26 | 18:47 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 24 | Meyers, Harold | 2014 | 12 | 2013.09.28 | 18:52 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 25 | Petit-Frere, Scotty | 2016 | 11 | 2014.09.27 | 18:53 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |

COURSE LISTS

Ocean County Park Varsity Course

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|------------|-------------------------|-----------------|--------------|-------------------|--------------|--|--|-----------------|
| 1 | Dragonetti, Eric | 2012 | 11 | 2010.10.30 | 15:28 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 2 | Skeie, Brandon | 2011 | 12 | 2010.10.30 | 15:32 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 3 | Valeriani, Matthew | 2010 | 12 | 2009.10.22 | 15:40 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T4 | Zarrillo, Vinnie | 2001 | 12 | 2000.10.20 | 15:47 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T4 | Iacovelli, Jarred | 2011 | 12 | 2010.10.30 | 15:47 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 6 | Wareham, Rob | 2001 | 10 | 1998.10.23 | 15:50 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 7 | Nocco, Nicholas | 2014 | 12 | 2013.10.24 | 15:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 8 | Simpson, Joseph | 2005 | 12 | 2004.11.06 | 15:57 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | Clark, Adam | 2001 | 10 | 1998.10.23 | 16:01 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | Howley, Sean | 2015 | 11 | 2013.10.24 | 16:02 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | Stanziano, Brian | 2000 | 11 | 1998.10.23 | 16:03 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | Raynor, Cody | 2014 | 12 | 2013.10.24 | 16:11 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 13 | Brearley, Justin | 2009 | 12 | 2008.10.30 | 16:12 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 14 | Di Filippo, Joseph | 2014 | 12 | 2013.10.24 | 16:16 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 15 | Evans, Michael | 2014 | 9 | 2010.10.30 | 16:18 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 16 | Sargent, Thomas | 1998 | 12 | 1997.10.24 | 16:19 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T17 | Davies, CJ | 2004 | 12 | 2003.10.24 | 16:23 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T17 | Marino, David | 2014 | 11 | 2012.10.25 | 16:23 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 19 | Mardirosian, Nicholas | 2011 | 12 | 2010.10.30 | 16:24 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 20 | Brearley, Colin | 2007 | 11 | 2005.09.20 | 16:25 | Class A-South Championship Varsity | Ocean County Park, Lakewood, NJ | 5K |
| T21 | Wasilewski Jr., William | 2004 | 12 | 2003.10.24 | 16:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T21 | Armstrong, Jake | 2008 | 12 | 2007.10.20 | 16:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| T21 | Keyes, Paul | 2018 | 9 | 2014.10.30 | 16:26 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 24 | Mershon, Stephen | 2013 | 12 | 2012.10.25 | 16:27 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| T25 | Tomczuk, Joseph | 2009 | 12 | 2008.09.16 | 16:34 | Double-Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| T25 | O'Hearn, James | 2014 | 12 | 2013.10.24 | 16:34 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |

Ocean County Park Freshman Course

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|----------|----------------------|-----------------|--------------|-------------------|--------------|---|--|-----------------|
| 1 | Keyes, Paul | 2018 | 9 | 2014.09.19 | 10:04 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2 | Skodi, Nathan | 2017 | 9 | 2013.10.24 | 10:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T3 | Kubarewicz, William | 2017 | 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T3 | Yates, Ethan | 2017 | 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 5 | Stanziano, Joseph | 2002 | 9 | 1998.10.23 | 10:53 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 6 | O'Malley, Ryan | 2002 | 9 | 1998.10.23 | 10:59 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T7 | Wareham, Rob | 2001 | 9 | 1997.11.01 | 11:05 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T7 | Buttiglieri, Vincent | 1999 | 9 | 1995.10.20 | 11:05 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | Falkowski, Brian | 1995 | 9 | 1991.10.25 | 11:06 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 10 | Grobosky, Josh | 2005 | 9 | 2001.11.03 | 11:07 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 11 | Stanziano, Michael | 2005 | 9 | 2001.11.03 | 11:09 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 12 | Schwerzel, Austin | 2012 | 9 | 2008.10.29 | 11:14 | Shore Conference Frosh/JV Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 13 | Keizer, Timothy | 2014 | 9 | 2010.10.21 | 11:17 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T14 | Zarrillo, Vinnie | 2001 | 9 | 1997.10.24 | 11:20 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T14 | Mollema, Keith | 2002 | 9 | 1998.10.23 | 11:20 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 16 | Lu, Jimmy | 2016 | 9 | 2012.10.25 | 11:21 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 17 | Minotti, Nicholas | 2007 | 9 | 2003.10.24 | 11:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 18 | Breitweiser, David | 2007 | 9 | 2003.10.24 | 11:28 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 19 | Hollingshead, Dylan | 2007 | 9 | 2003.10.24 | 11:31 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 20 | Nodine, Craig | 2016 | 9 | 2012.10.18 | 11:32 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T21 | Nowlan, Roger | 1995 | 9 | 1991.10.25 | 11:33 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| T21 | Mershon, Stephen | 2013 | 9 | 2009.10.22 | 11:33 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 23 | Deixler, Kurt | 2012 | 9 | 2008.10.29 | 11:34 | Shore Conference Frosh/JV Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 24 | Di Filippo, Joseph | 2014 | 9 | 2010.10.21 | 11:35 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 25 | Novelo, Max | 2014 | 9 | 2010.10.21 | 11:36 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |

COURSE LISTS

Holmdel Varsity Course

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|----|-------------------------|-----------------|--------------|-------------------|--------------|--|----------------------------------|-----------------|
| 1 | Valeriani, Matthew | 2010 | 12 | 2009.10.03 | 16:14 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 2 | Skeie, Brandon | 2011 | 12 | 2010.11.20 | 16:19 | NJSIAA State Championships (Meet Of Champions) | Holmdel Park, Holmdel, NJ | 5K |
| 3 | Simpson, Joseph | 2005 | 12 | 2004.11.20 | 16:29 | NJSIAA State Championships (Meet Of Champions) | Holmdel Park, Holmdel, NJ | 5K |
| 4 | Zarrillo, Vinnie | 2001 | 12 | 2000.11.11 | 16:30 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 5 | Dragonetti, Eric | 2012 | 11 | 2010.10.02 | 16:30 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 6 | Brearley, Colin | 2007 | 11 | 2005.11.12 | 16:40 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 7 | Iacovelli, Jarred | 2011 | 12 | 2010.11.13 | 16:41 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 8 | Clark, Adam | 2001 | 12 | 2000.10.07 | 16:42 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | Wareham, Rob | 2001 | 11 | 1999.11.13 | 16:50 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 10 | Brearley, Justin | 2009 | 12 | 2008.11.22 | 16:56 | NJSIAA State Championships (Meet Of Champions) | Holmdel Park, Holmdel, NJ | 5K |
| 11 | Martin, Rich | 1996 | 12 | 1995.11.04 | 16:59 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 12 | Davies, CJ | 2004 | 11 | 2002.11.02 | 17:04 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 13 | Tomczuk, Joseph | 2009 | 12 | 2008.10.04 | 17:05 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 14 | Armstrong, Jake | 2008 | 12 | 2007.10.29 | 17:07 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 15 | Nocco, Nicholas | 2014 | 12 | 2013.11.16 | 17:07 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 16 | Schwerdt, Jeff | 1996 | 12 | 1995.11.04 | 17:08 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 17 | Stanziano, Brian | 2000 | 11 | 1998.11.07 | 17:08 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 18 | Wasilewski Jr., William | 2004 | 12 | 2003.11.01 | 17:11 | Shore Conference Varsity Championships | Holmdel Park, Holmdel, NJ | 5K |
| 19 | Marino, David | 2014 | 11 | 2012.11.17 | 17:11 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 20 | Raynor, Cody | 2014 | 12 | 2013.11.16 | 17:11 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 21 | Di Filippo, Joseph | 2014 | 11 | 2012.11.17 | 17:12 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 22 | Stanziano, Joseph | 2002 | 12 | 2001.10.06 | 17:15 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 23 | Howley, Sean | 2015 | 11 | 2013.11.16 | 17:16 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 24 | Mardirosian, Nicholas | 2011 | 12 | 2010.10.02 | 17:17 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 25 | Keyes, Paul | 2018 | 9 | 2014.11.15 | 17:20 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |

Delsea Varsity Course

| | <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|------------|----------------------------|-----------------|--------------|-------------------|--------------|---|---|-----------------|
| 1 | Valeriani, Matthew | 2010 | 12 | 2009.11.07 | 15:46 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 2 | Dragonetti, Eric | 2012 | 10 | 2009.11.07 | 16:02 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 3 | Skeie, Brandon | 2011 | 12 | 2010.11.06 | 16:06 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 4 | Iacovelli, Jarred | 2011 | 12 | 2010.11.06 | 16:18 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 5 | Brearley, Colin | 2007 | 11 | 2005.11.05 | 16:20 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 6 | Nocco, Nicholas | 2014 | 12 | 2013.11.09 | 16:25 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 7 | Simpson, Joseph | 2005 | 12 | 2004.10.30 | 16:27 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 8 | Marino, David | 2014 | 10 | 2011.11.05 | 16:38 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 9 | Davies, CJ | 2004 | 12 | 2003.11.07 | 16:40 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 10 | Brearley, Justin | 2009 | 12 | 2008.11.08 | 16:41 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 11 | Mardirosian, Nicholas | 2011 | 12 | 2010.11.06 | 16:43 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 12 | Tomczuk, Joseph | 2009 | 12 | 2008.10.11 | 16:46 | South Jersey Open Invitational | Delsea Regional High School, Franklinville, NJ | 5K |
| 13 | Di Filippo, Joseph | 2014 | 11 | 2012.11.10 | 16:47 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 14 | Gray, John | 2007 | 11 | 2005.11.05 | 16:51 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 15 | Howley, Sean | 2015 | 10 | 2012.11.10 | 16:52 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T16 | Petit-Frere, Scotty | 2016 | 11 | 2014.11.08 | 16:55 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T16 | Wasilewski Jr., William | 2004 | 12 | 2003.11.07 | 16:55 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T18 | Mershon, Stephen | 2013 | 11 | 2011.11.05 | 16:57 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T18 | Armstrong, Jake | 2008 | 12 | 2007.11.03 | 16:57 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 20 | Keyes, Paul | 2018 | 9 | 2014.11.08 | 16:59 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T21 | Prandato, James | 2007 | 12 | 2006.11.04 | 17:00 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| T21 | Evans, Mike | 2014 | 9 | 2010.11.06 | 17:00 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 23 | Gifford, Troy | 2012 | 12 | 2011.11.05 | 17:02 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 24 | Minotti, Nicholas | 2007 | 12 | 2006.11.04 | 17:04 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 25 | O'Hearn, James | 2014 | 12 | 2013.11.09 | 17:07 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |

MEET RESULTS



Invitational: Cherokee Challenge

Date: September 13th, 2014

Location: Cherokee High School, Marlton, NJ

Weather: Temperature: 65°, Humidity: 75%, Dew Point: 67°

Top 12:

Howley, Sean
Keyes, Paul
Kubarewicz, William
Yates, Ethan
Ward, James
Petit-Frere, Scotty
Krause, Evan
Adanatzain, Evan
McBride, Connor
Leek, Nicholas
Conner, Devin
Attardi, Jeffrey

Meet Apple:

Attardi, Jeffrey

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|-----------------------|------------------------|---------------------|--------------------|------------------------|
| Howley, Sean | 2015 | 12 | 10:26.5 | 2 Miles |
| Ward, James | 2015 | 12 | 11:04.8 | 2 Miles |
| Krause, Evan | 2015 | 12 | 11:22.2 | 2 Miles |
| Iacovelli, Max | 2015 | 12 | 12:01.6 | 2 Miles |
| Gethard, William | 2015 | 12 | 12:05.3 | 2 Miles |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Petit-Frere, Scotty | 2016 | 11 | 11:05.2 | 2 Miles |
| Attardi, Jeffrey | 2016 | 11 | 11:54.4 | 2 Miles |
| Nodine, Craig | 2016 | 11 | 12:15.2 | 2 Miles |
| Piscopo, Zachary | 2016 | 11 | 12:23.1 | 2 Miles |
| Osborn, Michael | 2016 | 11 | 13:07.8 | 2 Miles |
| Meyers, Travis | 2016 | 11 | 16:11.0 | 2 Miles |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Kubarewicz, William | 2017 | 10 | 10:57.4 | 2 Miles |
| Yates, Ethan | 2017 | 10 | 10:59.5 | 2 Miles |
| Leek, Nicholas | 2017 | 10 | 11:50.2 | 2 Miles |
| Rea, Kenneth | 2017 | 10 | 12:28.1 | 2 Miles |
| Marzano, Neal | 2017 | 10 | 13:07.4 | 2 Miles |
| Maloney, William | 2017 | 10 | 13:13.4 | 2 Miles |
| Gutierrez, Kevin | 2017 | 10 | 13:18.1 | 2 Miles |
| Wohl, Andrew | 2017 | 10 | 13:26.4 | 2 Miles |
| Fritz, Samuel | 2017 | 10 | 13:30.2 | 2 Miles |
| McDonnell, Matthew | 2017 | 10 | 13:53.9 | 2 Miles |
| Yates, Luke | 2017 | 10 | 14:17.4 | 2 Miles |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Keyes, Paul | 2018 | 9 | 10:46.3 | 2 Miles |
| Adanatzain, Evan | 2018 | 9 | 11:28.9 | 2 Miles |
| McBride, Connor | 2018 | 9 | 11:38.8 | 2 Miles |
| Conner, Devin | 2018 | 9 | 11:53.3 | 2 Miles |
| Gugliemini, August | 2018 | 9 | 12:25.2 | 2 Miles |
| Bates, Domininc | 2018 | 9 | 12:53.6 | 2 Miles |
| Franks, Thomas | 2018 | 9 | 13:08.0 | 2 Miles |
| Diemer, Samuel | 2018 | 9 | 13:18.1 | 2 Miles |
| Beecroft, Colin | 2018 | 9 | 13:39.6 | 2 Miles |
| Van Decker, Matthew | 2018 | 9 | 14:37.7 | 2 Miles |

Invitational: Battle at Ocean County Park

Date: September 19th, 2014

Location: Ocean County Park, Lakewood, NJ

Weather: Temperature: 64°, Humidity: 82%, Dew Point: 72°

Top 12:

Howley, Sean
Kubarewicz, William
Yates, Ethan
Petit-Frere, Scotty
Lovenberg, William
Ward, James
Krause, Evan
Adanatzain, Evan
McBride, Connor
Nodine, Craig
Iacovelli, Max
Conner, Devin

Meet Apple:

Adanatzain, Evan

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 16:17.2 | 5k |
| Ward, James | 2015 | 12 | 17:15.2 | 5k |
| Krause, Evan | 2015 | 12 | 17:22.0 | 5k |
| Iacovelli, Max | 2015 | 12 | 18:05.1 | 5k |
| Gethard, William | 2015 | 12 | 18:33.7 | 5k |
| Bauta, Jared | 2015 | 12 | 20:44.4 | 5k |
| Seddon, Will | 2015 | 12 | 21:48.7 | 5k |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Petit-Frere, Scotty | 2016 | 11 | 16:59.2 | 5k |
| Lovenberg, William | 2016 | 11 | 17:10.3 | 5k |
| Nodine, Craig | 2016 | 11 | 18:00.5 | 5k |
| Attardi, Jeffrey | 2016 | 11 | 18:27.0 | 5k |
| Piscopo, Zachary | 2016 | 11 | 18:54.0 | 5k |
| Holden, Connor | 2016 | 11 | 19:38.6 | 5k |
| Osborn, Michael | 2016 | 11 | 20:17.5 | 5k |
| Keizer, John | 2016 | 11 | 23:53.8 | 5k |
| Meyers, Travis | 2016 | 11 | 25:20.9 | 5k |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Kubarewicz, William | 2017 | 10 | 16:40.9 | 5k |
| Yates, Ethan | 2017 | 10 | 16:49.0 | 5k |
| Rea, Kenneth | 2017 | 10 | 19:01.6 | 5k |
| Marzano, Neal | 2017 | 10 | 19:36.1 | 5k |
| Maloney, William | 2017 | 10 | 19:56.2 | 5k |
| Wohl, Andrew | 2017 | 10 | 20:29.6 | 5k |
| Yates, Luke | 2017 | 10 | 20:44.8 | 5k |
| Fritz, Samuel | 2017 | 10 | 20:49.7 | 5k |
| Raina, Zachary | 2017 | 10 | 20:56.9 | 5k |
| McDonnell, Matthew | 2017 | 10 | 21:40.7 | 5k |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Keyes, Paul | 2018 | 9 | 10:04.0 | 2 Miles |
| Bates, Domininc | 2018 | 9 | 12:06.8 | 2 Miles |
| Diemer, Samuel | 2018 | 9 | 12:18.1 | 2 Miles |
| Franks, Thomas | 2018 | 9 | 12:22.8 | 2 Miles |
| Beecroft, Colin | 2018 | 9 | 12:57.5 | 2 Miles |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Adanatzain, Evan | 2018 | 9 | 17:32.4 | 5k |
| McBride, Connor | 2018 | 9 | 17:57.0 | 5k |
| Conner, Devin | 2018 | 9 | 18:26.4 | 5k |
| Gugliemini, August | 2018 | 9 | 19:52.3 | 5k |

Invitational: 2 Mile Meet vs. CBA

Date: September 23rd, 2014

Location: Holmdel Park, Holmdel, NJ

Weather: Temperature: 72°, Humidity: 68%, Dew Point: UN°

Top 12:

Howley, Sean
Kubarewicz, William
Yates, Ethan
Petit-Frere, Scotty
Lovenberg, William
Ward, James
Krause, Evan
Adanatzain, Evan
McBride, Connor
Nodine, Craig
Iacovelli, Max
Conner, Devin

Meet Apple:

Piscopo, Zachary

| Athlete | Class Of | Grade | Time | Distance |
|--------------------|----------|-------|---------|----------|
| Keyes, Paul | 2018 | 9 | 11:52.0 | 2 Miles |
| Leek, Nicholas | 2017 | 10 | 13:21.0 | 2 Miles |
| Piscopo, Zachary | 2016 | 11 | 14:20.0 | 2 Miles |
| Osborn, Michael | 2016 | 11 | 14:27.0 | 2 Miles |
| Maloney, William | 2017 | 10 | 14:29.0 | 2 Miles |
| Bates, Domininc | 2018 | 9 | 14:29.0 | 2 Miles |
| Raina, Zachary | 2017 | 10 | 14:35.0 | 2 Miles |
| Diemer, Samuel | 2018 | 9 | 14:47.0 | 2 Miles |
| Beecroft, Colin | 2018 | 9 | 14:58.0 | 2 Miles |
| Marzano, Neal | 2017 | 10 | 20:50.0 | 5k |
| Holden, Connor | 2016 | 11 | 21:02.0 | 5k |
| Rea, Kenneth | 2017 | 10 | 21:03.0 | 5k |
| Gugliemini, August | 2018 | 9 | 21:54.0 | 5k |
| Wohl, Andrew | 2017 | 10 | 22:21.0 | 5k |
| Bauta, Jared | 2015 | 12 | 22:23.0 | 5k |
| McDonnell, Matthew | 2017 | 10 | 22:51.0 | 5k |
| Fritz, Samuel | 2017 | 10 | 23:08.0 | 5k |
| Meyers, Travis | 2016 | 11 | 24:34.0 | 5k |
| Seddon, Will | 2015 | 12 | 25:02.0 | 5k |
| Rutan, Kolin | 2015 | 12 | 26:44.0 | 5k |



Invitational: Bowdoin Park Cross Country Classic

Date: September 27th, 2014

Location: Bowdoin County Park, Wappingers Falls, NY

Weather: Temperature: 81°, Humidity: 86%, Dew Point: UN°

Top 12:

Howley, Sean
Lovenberg, William
Kubarewicz, William
Yates, Ethan
Ward, James
Adanatzain, Evan
Petit-Frere, Scotty
McBride, Connor
Nodine, Craig
Krause, Evan
Conner, Devin
Attardi, Jeffrey

Meet Apple:

McBride, Connor

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 17:55.7 | 5K |
| Lovenberg, William | 2016 | 11 | 18:17.6 | 5K |
| Kubarewicz, William | 2017 | 10 | 18:19.1 | 5K |
| Yates, Ethan | 2017 | 10 | 18:24.1 | 5K |
| Ward, James | 2015 | 12 | 18:32.0 | 5K |
| Petit-Frere, Scotty | 2016 | 11 | 18:52.6 | 5K |
| Krause, Evan | 2015 | 12 | 19:39.2 | 5K |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Adanatzain, Evan | 2018 | 9 | 18:32.8 | 5K |
| McBride, Connor | 2018 | 9 | 19:11.6 | 5K |
| Nodine, Craig | 2016 | 11 | 19:27.8 | 5K |
| Conner, Devin | 2018 | 9 | 19:52.1 | 5K |
| Attardi, Jeffrey | 2016 | 11 | 20:05.0 | 5K |
| Iacovelli, Max | 2015 | 12 | 20:31.6 | 5K |
| Gethard, William | 2015 | 12 | 20:41.0 | 5K |

Varsity

10th out of 25 teams

Top 5: 18:17.7 / 36.3

Top 7: 18:34.3 / 1:43.5

Junior Varsity

9th out of 13 teams

Top 5: 19:25.9 / 1:32.2

Top 7: 19:46.0 / 2:08.2

Top 14 Merge

Top 5: 18:17.7 / 36.3

Top 7: 18:24.8 / 56.9

Invitational: Shore Track Coaches XC Invitational

Date: October 4th, 2014

Location: Holmdel Park, Holmdel, NJ

Weather: Temperature: UN, Humidity: UN%, Dew Point: UN°

Top 12:

Howley, Sean
Keyes, Paul
Kubarewicz, William
Yates, Ethan
Ward, James
Adanatzain, Evan
McBride, Connor
Nodine, Craig
Krause, Evan
Iacovelli, Max
Lovenberg, William
Petit-Frere, Scotty

Meet Apple:

Nodine, Craig

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 17:26 | 5K |
| Keyes, Paul | 2018 | 9 | 18:07 | 5K |
| Kubarewicz, William | 2017 | 10 | 18:10 | 5K |
| Yates, Ethan | 2017 | 10 | 18:11 | 5K |
| Ward, James | 2015 | 12 | 18:15 | 5K |
| Adanatzain, Evan | 2018 | 9 | 18:18 | 5K |
| McBride, Connor | 2018 | 9 | 18:51 | 5K |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Nodine, Craig | 2016 | 11 | 19:09 | 5K |
| Krause, Evan | 2015 | 12 | 19:17 | 5K |
| Iacovelli, Max | 2015 | 12 | 19:32 | 5K |
| Gethard, William | 2015 | 12 | 19:35 | 5K |
| Attardi, Jeffrey | 2016 | 11 | 19:39 | 5K |
| Conner, Devin | 2018 | 9 | 20:10 | 5K |
| Piscopo, Zachary | 2016 | 11 | 20:59 | 5K |
| Marzano, Neal | 2017 | 10 | 21:09 | 5K |
| Osborn, Michael | 2016 | 11 | 21:14 | 5K |
| Gugliemini, August | 2018 | 9 | 21:25 | 5K |
| Diemer, Samuel | 2018 | 9 | 21:36 | 5K |
| Bates, Domininc | 2018 | 9 | 21:54 | 5K |
| Gutierrez, Kevin | 2017 | 10 | 21:59 | 5K |
| Maloney, William | 2017 | 10 | 22:15 | 5K |
| Rea, Kenneth | 2017 | 10 | 22:32 | 5K |
| Wohl, Andrew | 2017 | 10 | 22:48 | 5K |
| Beecroft, Colin | 2018 | 9 | 23:01 | 5K |
| Yates, Luke | 2017 | 10 | 23:01 | 5K |
| McDonnell, Matthew | 2017 | 10 | 23:15 | 5K |
| Fritz, Samuel | 2017 | 10 | 23:52 | 5K |
| Meyers, Travis | 2016 | 11 | 27:24 | 5K |

Varsity

Top 5: 18:02 / 0:49

Top 7: 18:11 / 1:25

Junior Varsity

Top 5: 19:26 / 0:30

Top 7: 19:46 / 1:50

Invitational: Class A-South Championship

Date: October 9th, 2014

Location: Ocean County Park, Lakewood, NJ

Weather: Temperature: 67°, Humidity: 62%, Dew Point: UN°

Top 12:

Howley, Sean
Keyes, Paul
Petit-Frere, Scotty
Lovenberg, William
Kubarewicz, William
Yates, Ethan
Adanatzain, Evan
McBride, Connor
Nodine, Craig
Krause, Evan
Piscopo, Zachary
Ward, James

Meet Apple:

Marzano, Neal

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 16:20 | 5k |
| Keyes, Paul | 2018 | 9 | 16:43 | 5k |
| Petit-Frere, Scotty | 2016 | 11 | 16:44 | 5k |
| Lovenberg, William | 2016 | 11 | 16:52 | 5k |
| Kubarewicz, William | 2017 | 10 | 16:53 | 5k |
| Yates, Ethan | 2017 | 10 | 17:04 | 5k |
| Adanatzain, Evan | 2018 | 9 | 17:08 | 5k |
| McBride, Connor | 2018 | 9 | 17:32 | 5k |
| Nodine, Craig | 2016 | 11 | 17:38 | 5k |
| Krause, Evan | 2015 | 12 | 17:39 | 5k |
| Iacovelli, Max | 2015 | 12 | 17:57 | 5k |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Piscopo, Zachary | 2016 | 11 | 17:50 | 5k |
| Conner, Devin | 2018 | 9 | 18:18 | 5k |
| Gethard, William | 2015 | 12 | 18:22 | 5k |
| Skodi, Nathan | 2017 | 10 | 18:35 | 5k |
| Attardi, Jeffrey | 2016 | 11 | 18:38 | 5k |
| Leek, Nicholas | 2017 | 10 | 18:41 | 5k |
| Marzano, Neal | 2017 | 10 | 18:48 | 5k |
| Bates, Domininc | 2018 | 9 | 19:38 | 5k |
| Gugliemini, August | 2018 | 9 | 19:39 | 5k |
| Rea, Kenneth | 2017 | 10 | 19:45 | 5k |
| Diemer, Samuel | 2018 | 9 | 19:50 | 5k |
| Osborn, Michael | 2016 | 11 | 19:56 | 5k |
| Wohl, Andrew | 2017 | 10 | 20:04 | 5k |
| Fritz, Samuel | 2017 | 10 | 20:19 | 5k |
| Maloney, William | 2017 | 10 | 20:37 | 5k |
| Franks, Thomas | 2018 | 9 | 20:45 | 5k |
| Yates, Luke | 2017 | 10 | 20:50 | 5k |
| Holden, Connor | 2016 | 11 | 20:59 | 5k |
| Bauta, Jared | 2015 | 12 | 21:21 | 5k |
| Raina, Zachary | 2017 | 10 | 21:22 | 5k |
| McDonnell, Matthew | 2017 | 10 | 21:24 | 5k |
| Beecroft, Colin | 2018 | 9 | 21:26 | 5k |
| Keizer, John | 2016 | 11 | 22:47 | 5k |
| Rutan, Kolin | 2015 | 12 | 22:48 | 5k |
| Meyers, Travis | 2016 | 11 | 26:01 | 5k |

Varsity

1st out of 8 teams
(5th straight A-South Title)

Top 5: 16:42 / 0:33

Top 7: 16:49 / 0:48

Junior Varsity

2nd out of 6 teams
15th out of 23 teams

Top 5: 18:21 / 0:48

Top 7: 18:27 / 0:58



Invitational: Ocean County Championship

Date: October 23rd, 2014

Location: Ocean County Park, Lakewood, NJ

Weather: Temperature: 57°, Humidity: 62%, Dew Point: UN°

Top 12:

Howley, Sean
Keyes, Paul
Kubarewicz, William
Lovenberg, William
Petit-Frere, Scotty
Yates, Ethan
Ward, James
Adanatzain, Evan
McBride, Connor
Krause, Evan
Skodi, Nathan
Nodine, Craig

Meet Apple:

Iacovelli, Max
Kubarewicz, William

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 16:26 | 5K |
| Keyes, Paul | 2018 | 9 | 16:39 | 5K |
| Kubarewicz, William | 2017 | 10 | 16:45 | 5K |
| Lovenberg, William | 2016 | 11 | 16:49 | 5K |
| Petit-Frere, Scotty | 2016 | 11 | 16:56 | 5K |
| Yates, Ethan | 2017 | 10 | 17:01 | 5K |
| Ward, James | 2015 | 12 | 17:21 | 5K |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| Adanatzain, Evan | 2018 | 9 | 17:25 | 5K |
| McBride, Connor | 2018 | 9 | 17:37 | 5K |
| Krause, Evan | 2015 | 12 | 17:38 | 5K |
| Skodi, Nathan | 2017 | 10 | 17:41 | 5K |
| Nodine, Craig | 2016 | 11 | 17:46 | 5K |
| Iacovelli, Max | 2015 | 12 | 17:54 | 5K |
| Conner, Devin | 2018 | 9 | 18:12 | 5K |
| Piscopopo, Zachary | 2016 | 11 | 18:26 | 5K |
| Attardi, Jeffrey | 2016 | 11 | 18:27 | 5K |
| Marzano, Neal | 2017 | 10 | 18:28 | 5K |
| Leek, Nicholas | 2017 | 10 | 18:35 | 5K |
| Gethard, William | 2015 | 12 | 18:35 | 5K |
| Rea, Kenneth | 2017 | 10 | 19:19 | 5K |
| Gugliemini, August | 2018 | 9 | 19:35 | 5K |
| Osborn, Michael | 2016 | 11 | 19:37 | 5K |
| Wohl, Andrew | 2017 | 10 | 19:55 | 5K |
| Diemer, Samuel | 2018 | 9 | 20:00 | 5K |
| Gutierrez, Kevin | 2017 | 10 | 20:04 | 5K |
| Bates, Domininc | 2018 | 9 | 20:05 | 5K |
| Fritz, Samuel | 2017 | 10 | 20:17 | 5K |
| Franks, Thomas | 2018 | 9 | 20:28 | 5K |
| Maloney, William | 2017 | 10 | 20:31 | 5K |
| Raina, Zachary | 2017 | 10 | 21:06 | 5K |
| Beecroft, Colin | 2018 | 9 | 21:19 | 5K |
| Yates, Luke | 2017 | 10 | 0:32.4 | 5K |

Varsity

2nd out of 15 teams

Top 5: 16:43 / 0:30

Top 7: 16:51 / 0:55

Junior Varsity

1st out of 7 teams (15 points)

Top 5: 17:38 / 0:20

Top 7: 17:45 / 0:47

Invitational: Shore Conference Championships

Date: October 30th, 2014

Location: Ocean County Park, Lakewood, NJ

Weather: Temperature: 55°, Humidity: 56%, Dew Point: UN°

Top 12:

Howley, Sean
Keyes, Paul
Kubarewicz, William
Lovenberg, William
Petit-Frere, Scotty
Yates, Ethan
Adanatzain, Evan
Ward, James
McBride, Connor
Skodi, Nathan
Krause, Evan
Nodine, Craig

Meet Apple:

Keyes, Paul

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Howley, Sean | 2015 | 12 | 16:17 | 5K |
| Keyes, Paul | 2018 | 9 | 16:26 | 5K |
| Kubarewicz, William | 2017 | 10 | 16:42 | 5K |
| Petit-Frere, Scotty | 2016 | 11 | 16:47 | 5K |
| Yates, Ethan | 2017 | 10 | 16:51 | 5K |
| Adanatzain, Evan | 2018 | 9 | 16:54 | 5K |
| Ward, James | 2015 | 12 | 17:06 | 5K |
| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
| McBride, Connor | 2018 | 9 | 17:18 | 5K |
| Skodi, Nathan | 2017 | 10 | 17:33 | 5K |
| Krause, Evan | 2015 | 12 | 17:37 | 5K |
| Nodine, Craig | 2016 | 11 | 17:39 | 5K |
| Marzano, Neal | 2017 | 10 | 18:10 | 5K |
| Conner, Devin | 2018 | 9 | 18:10 | 5K |
| Attardi, Jeffrey | 2016 | 11 | 18:11 | 5K |
| Gethard, William | 2015 | 12 | 18:22 | 5K |
| Iacovelli, Max | 2015 | 12 | 18:25 | 5K |
| Leek, Nicholas | 2017 | 10 | 18:31 | 5K |
| Piscopo, Zachary | 2016 | 11 | 18:36 | 5K |
| Gugliemini, August | 2018 | 9 | 19:42 | 5K |
| Franks, Thomas | 2018 | 9 | 19:49 | 5K |
| Wohl, Andrew | 2017 | 10 | 19:52 | 5K |
| Diemer, Samuel | 2018 | 9 | 19:54 | 5K |
| Rea, Kenneth | 2017 | 10 | 19:57 | 5K |
| Bates, Domininc | 2018 | 9 | 20:05 | 5K |
| Osborn, Michael | 2016 | 11 | 20:08 | 5K |
| Fritz, Samuel | 2017 | 10 | 20:11 | 5K |
| Maloney, William | 2017 | 10 | 20:15 | 5K |
| Yates, Luke | 2017 | 10 | 21:23 | 5K |
| Beecroft, Colin | 2018 | 9 | 21:45 | 5K |

Varsity

6th out of 22 teams

Top 5: 16:37 / 0:34

Top 7: 16:43 / 0:49

Junior Varsity

3rd out of 18 teams

Top 5: 17:39 / 0:52

Top 7: 17:48 / 0:53

Invitational: NJSIAA Group 4 State Sectional Championships

Date: November 8th, 2014

Location: Delsea Regional High School, Franklinville, NJ

Weather: Temperature: UN, Humidity: UN%, Dew Point: UN°

Top 12:

Petit-Frere, Scotty
Keyes, Paul
Kubarewicz, William
Yates, Ethan
Lovenberg, William
Howley, Sean
Adanatzain, Evan
Ward, James
McBride, Connor
Skodi, Nathan
Krause, Evan
Nodine, Craig

Meet Apple:

Petit-Frere, Scotty

| <u>Athlete</u> | <u>Class Of</u> | <u>Grade</u> | <u>Time</u> | <u>Distance</u> |
|---------------------|-----------------|--------------|-------------|-----------------|
| Petit-Frere, Scotty | 2016 | 11 | 16:55 | 5K |
| Keyes, Paul | 2018 | 9 | 16:59 | 5K |
| Kubarewicz, William | 2017 | 10 | 17:14 | 5K |
| Yates, Ethan | 2017 | 10 | 17:17 | 5K |
| Lovenberg, William | 2016 | 11 | 17:24 | 5K |
| Howley, Sean | 2015 | 12 | 17:37 | 5K |
| Adanatzain, Evan | 2018 | 9 | 17:48 | 5K |

Varsity

5th – 7th Consecutive year the team qualified

Top 5: 17:10 / 0:29

Top 7: 17:19 / 0:53

Invitational: NJSIAA Group 4

Date: November 15th, 2014

Location: Delsea Regional High School, Franklinville, NJ

Weather: Temperature: UN, Humidity: UN%, Dew Point: UN°

Top 12:

Keyes, Paul
Lovenberg, William
Howley, Sean
Petit-Frere, Scotty
Yates, Ethan
Kubarewicz, William
Adanatzain, Evan
Ward, James
McBride, Connor
Skodi, Nathan
Krause, Evan
Nodine, Craig

Meet Apple:

Lovenberg, William

| Athlete | Class Of | Grade | Time | Distance |
|---------------------|----------|-------|-------|----------|
| Keyes, Paul | 2018 | 9 | 17:20 | 5K |
| Lovenberg, William | 2016 | 11 | 17:44 | 5K |
| Howley, Sean | 2015 | 12 | 17:44 | 5K |
| Petit-Frere, Scotty | 2016 | 11 | 17:46 | 5K |
| Yates, Ethan | 2017 | 10 | 17:50 | 5K |
| Kubarewicz, William | 2017 | 10 | 17:54 | 5K |
| Adanatzain, Evan | 2018 | 9 | 17:55 | 5K |

Varsity

17th out of 20

Top 5: 17:41 / 0:30

Top 7: 17:45 / 0:35





CLASS OF 2015

“SENIORS”





Jared Bauta

1st Year Varsity

Personal Best: 20:21

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 12 | 2014.10.09 | 21:21 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.23 | 22:23 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 12 | 2014.09.19 | 20:44 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.24 | 20:21 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.17 | 21:00 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.08 | 21:16 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | 2013.10.01 | 22:29 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 11 | 2013.09.24 | 22:25 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 11 | 2013.09.17 | 21:53 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |



William Gethard

1st Year Varsity
Personal Best: 18:22

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 12 | 2014.10.30 | 18:22 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.23 | 18:35 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.09 | 18:22 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.10.04 | 19:35 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.09.27 | 20:41 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 12 | 2014.09.19 | 18:34 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.13 | 12:05 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2012.10.25 | 18:56 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.10.18 | 19:15 | Ocean County Championships (new course) | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2012.10.11 | 19:39 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.10.06 | 21:02 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2012.10.02 | 20:04 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.24 | 22:10 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.09.14 | 22:04 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2011.11.01 | 20:08 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.20 | 20:56 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.04 | 21:33 | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.01 | 14:40 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2011.09.29 | 23:59 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2011.09.20 | 23:34 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5K |
| 9 | 2011.09.13 | 17:50 | Dual Meet vs. Toms River East | Toms River East High School, Toms River, NJ | 2 Miles |



Sean Howley

4th Year Varsity
Personal Best: 16:02

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 12 | 2014.11.15 | 17:44 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.11.08 | 17:37 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 12 | 2014.10.23 | 16:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.09 | 16:20 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.10.04 | 17:26 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.09.27 | 17:56 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 12 | 2014.09.13 | 10:26 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 11 | 2013.11.16 | 17:16 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2013.11.09 | 18:22 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 11 | 2013.10.24 | 16:02 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.17 | 16:28 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.08 | 16:19 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | 2013.10.05 | 17:16 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 11 | 2013.10.01 | 17:16 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 11 | 2013.09.28 | 17:31 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | 2013.09.24 | 17:26 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 11 | 2013.09.17 | 16:24 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2012.11.17 | 17:37 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2012.11.10 | 16:52 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 10 | 2012.10.25 | 16:25 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.10.18 | 16:55 | Ocean County Championships (new course) | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2012.10.11 | 16:32 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.10.06 | 17:22 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2012.10.02 | 16:33 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.24 | 17:35 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.09.22 | 17:54 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | 2012.09.11 | 17:09 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |
| 9 | 2011.11.22 | 18:17 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2011.11.05 | 17:28 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 9 | 2011.10.20 | 16:50 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.04 | 16:41 | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.01 | 17:44 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2011.09.29 | 17:12 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2011.09.20 | 17:13 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5K |
| 9 | 2011.09.13 | 18:18 | Dual Meet vs. Toms River East | Toms River East High School, Toms River, NJ | 5K |
| 9 | 2011.09.10 | 10:51 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



Max Iacovelli

2nd Yr Varsity

Personal Best: 17:54

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 12 | 2014.10.30 | 18:25 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.23 | 17:54 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.09 | 17:57 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.10.04 | 19:32 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.09.27 | 20:32 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 12 | 2014.09.19 | 18:05 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.13 | 12:02 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 11 | 2013.10.24 | 18:29 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.17 | 18:42 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.08 | 19:26 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | 2013.10.05 | 21:00 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 11 | 2013.10.01 | 21:07 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 11 | 2013.09.24 | 21:42 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 11 | 2013.09.20 | 20:26 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.09.17 | 20:46 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2012.10.25 | 19:40 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.10.18 | 20:39 | Ocean County Championships (new course) | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2012.10.11 | 20:53 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.10.02 | 20:18 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.24 | 21:38 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.09.14 | 21:28 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.11 | 22:22 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |
| 9 | 2011.11.01 | 20:18 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.20 | 20:12 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.04 | 20:46 | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.01 | 14:25 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2011.09.29 | 22:29 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2011.09.20 | 22:37 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5K |
| 9 | 2011.09.13 | 15:14 | Dual Meet vs. Toms River East | Toms River East High School, Toms River, NJ | 2 Miles |
| 9 | 2011.09.10 | 14:07 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



Evan Krause

3rd Year Varsity
Personal Best: 17:22

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 12 | 2014.10.30 | 17:37 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.23 | 17:38 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.09 | 17:39 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.10.04 | 19:17 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.09.27 | 19:39 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 12 | 2014.09.19 | 17:22 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.13 | 11:22 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 11 | 2013.10.24 | 17:49 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.17 | 17:50 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.08 | 17:44 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | 2013.10.05 | 19:23 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 11 | 2013.10.01 | 19:50 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 11 | 2013.09.28 | 19:03 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 11 | 2013.09.24 | 18:36 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 11 | 2013.09.20 | 17:41 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.09.17 | 17:37 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2012.10.25 | 18:18 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.10.18 | 18:20 | Ocean County Championships (new course) | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2012.10.11 | 18:30 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.10.06 | 19:59 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2012.10.02 | 18:32 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.24 | 19:27 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.09.22 | 20:05 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | 2012.09.14 | 18:52 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.11 | 20:58 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |
| 9 | 2011.10.20 | 12:06 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2011.10.05 | NT | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2011.10.01 | 14:05 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2011.09.29 | 21:38 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2011.09.20 | 15:14 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 2 Miles |
| 9 | 2011.09.13 | 24:30 | Dual Meet vs. Toms River East | Toms River East High School, Toms River, NJ | 5K |



Kolin Rutan

1st Year Varsity

Personal Best: 22:48

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|----------------------------|---------------------------------|-----------------|
| 12 | 2014.10.09 | 22:48 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.23 | 26:44 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |

William Seddon

1st Year Varsity

Personal Best: 21:49

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|-----------------------------|---------------------------------|-----------------|
| 12 | 2014.09.23 | 25:02 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 12 | 2014.09.19 | 21:49 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |



James Ward

4th Year Varsity
Personal Best: 17:03

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 12 | 2014.10.30 | 17:06 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.23 | 17:21 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 12 | 2014.10.04 | 18:15 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 12 | 2014.09.27 | 18:32 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 12 | 2014.09.19 | 17:15 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 12 | 2014.09.13 | 11:05 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 11 | 2013.10.24 | 17:13 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.17 | 17:03 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.10.08 | 17:04 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 11 | 2013.10.05 | 17:54 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 11 | 2013.10.01 | 18:06 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 11 | 2013.09.28 | 18:22 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | 2013.09.24 | 18:31 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 11 | 2013.09.20 | 17:19 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2013.09.17 | 17:30 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2012.10.25 | 17:27 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.10.18 | 18:28 | Ocean County Championships (new course) | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2012.10.11 | 17:42 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.10.06 | 18:43 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2012.10.02 | 17:33 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2012.09.24 | 18:13 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 10 | 2012.09.22 | 18:35 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | 2012.09.14 | 18:46 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2011.11.01 | 17:45 | Shore Conference Varsity Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.20 | 17:46 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.04 | 18:06 | Dual Meet vs. Brick Memorial & Toms River North | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2011.10.01 | 18:49 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2011.09.29 | 18:25 | Dual Meet vs. Toms River South | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2011.09.20 | 19:01 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5K |
| 9 | 2011.09.13 | 19:25 | Dual Meet vs. Toms River East | Toms River East High School, Toms River, NJ | 5K |
| 9 | 2011.09.10 | 11:23 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



CLASS OF 2016

“JUNIORS”





Jeffery Attardi

1st Year Varsity
Personal Best: 18:11

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 11 | 2014.10.30 | 18:11 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.23 | 18:27 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 18:38 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.10.04 | 19:39 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.09.27 | 20:05 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | 2014.09.19 | 18:27 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.13 | 11:54 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2013.10.24 | 19:17 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 19:39 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.08 | 20:07 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2013.10.05 | 21:05 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2013.10.01 | 22:29 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.24 | 21:30 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 20:47 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 20:46 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Connor Holden

Junior Varsity
Personal Best: 19:39

| <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-------------|-------------|-----------------------------|---------------------------------|-----------------|
| 2014.10.09 | 20:59 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 2014.09.23 | 21:02 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 2014.09.19 | 19:39 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |



John Keizer

Junior Varsity
Personal Best: 21:41

| <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-------------|-------------|---|---|-----------------|
| 2014.10.09 | 22:47 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 2014.09.19 | 23:54 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 2013.10.24 | 21:56 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 2013.10.17 | 21:41 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 2013.10.08 | 22:55 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 2013.10.05 | 23:03 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 2013.10.01 | 24:07 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 2013.09.24 | 23:26 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 2013.09.20 | 22:21 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 2013.09.17 | 23:15 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 2012.10.25 | 15:25 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.10.18 | 16:16 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.10.11 | unknown | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 2 Miles |
| 2012.10.06 | 22:48 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 2012.10.02 | 16:41 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.09.24 | unknown | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 2 Miles |
| 2012.09.14 | 17:40 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.09.11 | 18:56 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 2 Miles |



William Lovenberg

2nd Year Varsity
Personal Best: 16:49

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 11 | 2014.11.15 | 17:44 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.11.08 | 17:24 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 11 | 2014.10.23 | 16:49 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 16:52 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.27 | 18:18 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | 2014.09.19 | 17:10 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.24 | 17:33 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 17:43 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.08 | 17:45 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2013.10.05 | 19:07 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2013.10.01 | 18:57 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.28 | 19:30 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | 2013.09.24 | 19:17 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 18:22 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 18:27 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2012.10.25 | 19:21 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.10.18 | 11:37 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.11 | 20:09 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.10.06 | 13:34 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2012.10.02 | 19:58 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.09.24 | 20:28 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.09.14 | 12:07 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.09.11 | 21:28 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |



Travis Meyers

Junior Varsity

Personal Best: 24:34

| <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|-------------|-------------|---|--|-----------------|
| 2014.10.09 | 26:01 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 2014.10.04 | 27:24 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 2014.09.23 | 24:34 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 2014.09.19 | 25:21 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 2014.09.13 | 16:11 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 2013.10.24 | 26:01 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 2013.10.17 | 27:08 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 2013.10.08 | 27:17 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 2013.10.05 | 31:23 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 2013.10.01 | 30:15 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 2013.09.20 | 30:00 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 2013.09.17 | 30:30 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 2012.10.25 | 26:38 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 2012.10.18 | 18:52 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.10.11 | unknown | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 2 Miles |
| 2012.10.06 | 26:12 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 2012.10.02 | 19:50 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.09.24 | 22:20 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 2 Miles |
| 2012.09.14 | 18:59 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 2012.09.11 | 16:35 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 2 Miles |



Craig Nodine

3rd Year Varsity

Personal Best: 17:38

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 11 | 2014.10.30 | 17:39 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.23 | 17:46 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 17:38 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.10.04 | 19:09 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.09.27 | 19:28 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 11 | 2014.09.19 | 18:00 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.13 | 12:15 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2013.10.24 | 17:59 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 18:23 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.08 | 18:48 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2013.10.05 | 20:10 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2013.10.01 | 20:01 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.24 | 19:36 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 18:48 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 19:22 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2012.10.25 | 18:29 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.10.18 | 11:32 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.11 | 19:37 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.10.06 | 13:17 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2012.10.02 | 19:36 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.09.24 | 20:19 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.09.14 | 12:01 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.09.11 | 20:12 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |



Michael Osborn

Junior Varsity
Personal Best: 19:37

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 11 | 2014.10.30 | 20:08 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.23 | 19:37 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 19:56 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.10.04 | 21:14 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.09.23 | 14:27 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 11 | 2014.09.19 | 20:17 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.13 | 13:08 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2013.10.24 | 20:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 21:14 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.01 | 22:43 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.24 | 22:47 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 21:48 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 22:04 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2012.10.25 | 12:24 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.18 | 14:34 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.11 | 24:13 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.10.02 | 25:59 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.09.24 | 25:22 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.09.14 | 14:10 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.09.11 | 24:51 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |



Scotty Petit-Frere

2nd Year Varsity
Personal Best: 16:44

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 11 | 2014.11.15 | 17:46 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.11.08 | 16:55 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 11 | 2014.10.30 | 16:47 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.23 | 16:56 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 16:44 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.27 | 18:53 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 11 | 2014.09.19 | 16:59 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.13 | 11:05 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2013.10.24 | 17:47 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 18:09 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.08 | 18:11 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2013.10.05 | 20:28 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2013.10.01 | 19:41 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.24 | 19:23 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 20:37 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 19:30 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |



Zachary Piscopo

1st Year Varsity
Personal Best: 17:50

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 11 | 2014.10.30 | 18:36 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.23 | 18:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 11 | 2014.10.09 | 17:50 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.10.04 | 20:59 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 11 | 2014.09.23 | 14:20 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 11 | 2014.09.19 | 18:54 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 11 | 2014.09.13 | 12:23 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 10 | 2013.10.24 | 19:39 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.17 | 18:59 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.10.08 | 20:09 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 10 | 2013.10.05 | 21:12 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2013.10.01 | 22:39 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 10 | 2013.09.24 | 20:41 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 10 | 2013.09.20 | 20:03 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2013.09.17 | 20:15 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2012.10.25 | 12:16 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.18 | 12:34 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.10.11 | 21:08 | Dual Meet vs. TR North & Brick Mem. | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.10.06 | 14:37 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2012.10.02 | 20:30 | Dual Meet vs. Brick Twp. & TR South | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2012.09.24 | 24:44 | Dual Meet vs. Jackson Memorial | Southern Regional High School, Manahawkin, NJ | 5K |
| 9 | 2012.09.14 | 14:05 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2012.09.11 | 23:14 | Dual Meet vs. Lacey Township & TR East | Lacey Township High School, Lacey, NJ | 5k |



CLASS OF 2017
“SOPHOMORES”





Samuel Fritz

Junior Varsity
Personal Best: 20:11

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 10 | 2014.10.30 | 20:11 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 20:17 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 20:19 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 23:52 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 23:08 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2014.09.19 | 20:50 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 13:30 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 12:35 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 21:26 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.01 | 23:38 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 22:25 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 13:18 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 21:56 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Kevin Gutierrez

Junior Varsity
Personal Best: 20:04

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 10 | 2014.10.23 | 20:04 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.04 | 21:59 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.13 | 13:18 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 13:12 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 12:40 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.08 | 23:16 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 15:44 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2013.10.01 | 23:16 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 27:11 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 15:20 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 26:01 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |



William Kubarewicz

2nd Year Varsity
Personal Best: 16:41

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 10 | 2014.11.15 | 17:54 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.11.08 | 17:14 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 10 | 2014.10.30 | 16:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 16:45 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 16:53 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 18:10 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.27 | 18:19 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 10 | 2014.09.19 | 16:41 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 10:57 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 18:12 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.08 | 18:19 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 20:05 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 9 | 2013.10.01 | 19:14 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.28 | 19:40 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 9 | 2013.09.24 | 19:20 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 11:18 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 18:30 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Nicholas Leek

Junior Varsity
Personal Best: 18:31

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|--------------------------------|-----------------------------------|-----------------|
| 10 | 2014.10.30 | 18:31 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 18:35 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 18:41 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.23 | 13:21 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 10 | 2014.09.13 | 11:50 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



William Maloney

Junior Varsity
Personal Best: 19:56

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|---|--|----------|
| 10 | 2014.10.30 | 20:15 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 20:31 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 20:37 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 22:15 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 14:29 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 10 | 2014.09.19 | 19:56 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 13:13 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 11:57 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 12:19 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.08 | 21:17 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 14:40 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2013.10.01 | 23:23 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 21:40 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 13:10 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 22:26 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Neal Marzano

1st Year Varsity
Personal Best: 18:10

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|-------------------------------------|-----------------------------------|----------|
| 10 | 2014.10.30 | 18:10 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 18:28 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 18:48 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 21:09 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 20:50 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2014.09.19 | 19:36 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 13:07 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Matthew McDonnell

Junior Varsity
Personal Best: 21:24

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|-------------------------------------|-----------------------------------|----------|
| 10 | 2014.10.09 | 21:24 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 23:15 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 22:51 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2014.09.19 | 21:41 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 13:54 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



Zachary Raina

Junior Varsity
Personal Best: 20:57

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 10 | 2014.10.23 | 21:06 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 21:22 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.23 | 14:35 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 10 | 2014.09.19 | 20:57 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.24 | 12:10 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 12:30 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.08 | 21:19 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.01 | 23:25 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 22:56 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 13:13 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 22:43 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Kenneth Rea

Junior Varsity
Personal Best: 19:02

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|--|-----------------|
| 10 | 2014.10.30 | 19:57 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 19:19 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 19:45 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 22:32 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 21:03 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2014.09.19 | 19:02 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 12:28 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 11:47 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 11:56 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.05 | 13:37 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2013.10.01 | 22:24 | Dual Meet vs. Jackson Memorial | Jackson Memoriemorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 21:25 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.17 | 21:08 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |



Nathan Skodi

2nd Year Varsity
Personal Best: 17:33

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 10 | 2014.10.30 | 17:33 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 17:41 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 18:35 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.24 | 10:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 18:00 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.08 | 18:04 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.09.28 | 20:20 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 9 | 2013.09.20 | 10:57 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 18:21 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Andrew Wohl

Junior Varsity
Personal Best: 19:52

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|---|---|-----------------|
| 10 | 2014.10.30 | 19:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 19:55 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 20:04 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 22:48 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.23 | 22:21 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 10 | 2014.09.19 | 20:30 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 13:26 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 12:29 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 20:35 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.08 | 20:29 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 22:26 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 9 | 2013.10.01 | 21:58 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 21:37 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 12:43 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 21:04 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |



Ethan Yates

2nd Year Varsity
Personal Best: 16:49

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|---|--|----------|
| 10 | 2014.11.15 | 17:50 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.11.08 | 17:17 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 10 | 2014.10.30 | 16:51 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 17:01 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 17:04 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 18:11 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.27 | 18:24 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 10 | 2014.09.19 | 16:49 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 10:59 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 10:52 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 18:17 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2013.10.08 | 19:00 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 20:06 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5k |
| 9 | 2013.10.01 | 19:55 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.24 | 20:00 | Dual Meet vs. Brick Memorial & Toms River North | Brick Memorial High School, Brick, NJ | 5k |
| 9 | 2013.09.20 | 11:13 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 18:45 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 5k |

Luke Yates

Junior Varsity
Personal Best: 20:32

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|---|---|----------|
| 10 | 2014.10.30 | 21:23 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.23 | 20:32 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 10 | 2014.10.09 | 20:50 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.10.04 | 23:01 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 10 | 2014.09.19 | 20:45 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 10 | 2014.09.13 | 14:17 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |
| 9 | 2013.10.24 | 13:41 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.17 | 14:01 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.10.08 | 24:15 | Dual Meet vs. Brick Township & Toms River South | Southern Regional High School, Manahawkin, NJ | 5k |
| 9 | 2013.10.05 | 16:04 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2013.10.01 | 26:18 | Dual Meet vs. Jackson Memorial | Jackson Memorial High School, Jackson, NJ | 5k |
| 9 | 2013.09.20 | 14:43 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2013.09.17 | 16:39 | Dual Meet vs. Lacey Township & Toms River East | Southern Regional High School, Manahawkin, NJ | 2 Miles |



CLASS OF 2018

“FRESHMAN”





Evan Adanatizian

1st Year Varsity
Personal Best: 16:54

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|--|--|-----------------|
| 9 | 2014.11.15 | 17:55 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.11.08 | 17:48 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 9 | 2014.10.30 | 16:54 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 17:25 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 17:08 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 18:18 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.27 | 18:33 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 9 | 2014.09.19 | 17:32 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.09.13 | 11:29 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Dominic Bates

Honorary Varsity
Personal Best: 19:38

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|-------------------------------------|-----------------------------------|-----------------|
| 9 | 2014.10.30 | 20:05 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 20:05 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 19:38 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 21:54 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.23 | 14:29 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2014.09.19 | 12:07 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2014.09.13 | 12:54 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Colin Beecroft

Junior Varsity
Personal Best: 21:19

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|-------------------------------------|-----------------------------------|-----------------|
| 9 | 2014.10.30 | 21:45 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 21:19 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 21:26 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 23:01 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.23 | 14:58 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2014.09.19 | 12:57 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2014.09.13 | 13:40 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



Devin Conner

1st Year Varsity
Personal Best: 18:10

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|-------------------------------------|---|----------|
| 9 | 2014.10.30 | 18:10 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 18:12 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 18:18 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 20:10 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.27 | 19:52 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5k |
| 9 | 2014.09.19 | 18:26 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.09.13 | 11:53 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Samuel Diemer

Junior Varsity
Personal Best: 19:50

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|-------------------------------------|-----------------------------------|----------|
| 9 | 2014.10.30 | 19:54 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 20:00 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 19:50 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 21:36 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.23 | 14:47 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2014.09.19 | 12:18 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2014.09.13 | 13:18 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Thomas Franks

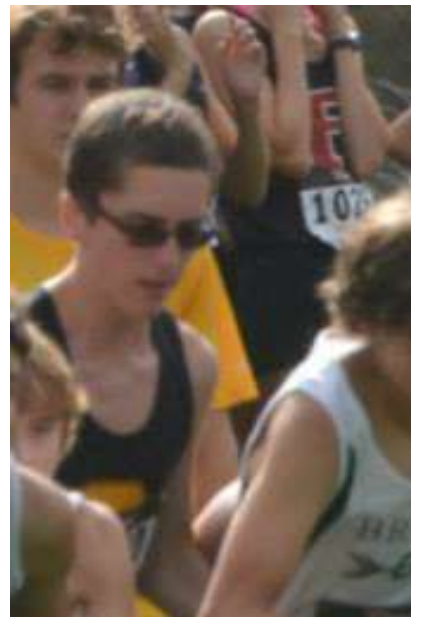
Junior Varsity
Personal Best: 19:49

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|--------------------------------|-----------------------------------|----------|
| 9 | 2014.10.30 | 19:49 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 20:28 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 20:45 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.09.19 | 12:23 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2014.09.13 | 13:08 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

August Gugliemini

Junior Varsity
Personal Best: 19:35

| Grade | Date | Time | Meet | Location | Distance |
|-------|------------|-------|-------------------------------------|-----------------------------------|----------|
| 9 | 2014.10.30 | 19:42 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 19:35 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 19:39 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 21:25 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.23 | 21:54 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 5k |
| 9 | 2014.09.19 | 19:52 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.09.13 | 12:25 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |



Paul Keyes Jr.

1st Year Varsity
Personal Best: 16:26

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|--|--|-----------------|
| 9 | 2014.11.15 | 17:20 | NJSIAA Group 4 State Championships | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.11.08 | 16:59 | NJSIAA Group 4 State Sectional Championships | Delsea Regional High School, Franklinville, NJ | 5K |
| 9 | 2014.10.30 | 16:26 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 16:39 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 16:43 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 18:07 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.23 | 11:52 | 2 Mile Meet vs. CBA | Holmdel Park, Holmdel, NJ | 2 Miles |
| 9 | 2014.09.19 | 10:04 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 2 Miles |
| 9 | 2014.09.13 | 10:46 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Connor McBride

1st Year Varsity
Personal Best: 17:18

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|-------------------------------------|---|-----------------|
| 9 | 2014.10.30 | 17:18 | Shore Conference Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.23 | 17:37 | Ocean County Championships | Ocean County Park, Lakewood, NJ | 5K |
| 9 | 2014.10.09 | 17:32 | Class A-South Championship | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.10.04 | 18:51 | Shore Track Coaches XC Invitational | Holmdel Park, Holmdel, NJ | 5K |
| 9 | 2014.09.27 | 19:12 | Bowdoin Park Cross Country Classic | Bowdoin County Park, Wappingers Falls, NY | 5K |
| 9 | 2014.09.19 | 17:57 | Battle at Ocean County Park | Ocean County Park, Lakewood, NJ | 5k |
| 9 | 2014.09.13 | 11:39 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |

Matthew Van Decker

Junior Varsity
Personal Best: N/A

| <u>Grade</u> | <u>Date</u> | <u>Time</u> | <u>Meet</u> | <u>Location</u> | <u>Distance</u> |
|--------------|-------------|-------------|--------------------|-----------------------------------|-----------------|
| 9 | 2014.09.13 | 14:38 | Cherokee Challenge | Cherokee High School, Marlton, NJ | 2 Miles |







BELIEVE!